

## **Light Nachos:**

### **Light Nachos Ingredients:**

**1/2 cup shredded chicken breast:**

**5 tablespoons reduced-fat shredded Mexican cheese mixture:**

**1 ounce baked yellow corn tortilla chips:**

**Chopped tomatoes and scallions, to taste:**

**1/4 cup low-fat refried beans or black beans:**

### **Light Nachos Time Stats:**

**Prepares in 10 minutes**

**Cooks in 5 minutes**

**Ready to eat in 15 minutes**

### **Light Nachos Directions:**

- 1.) Place chips on a cookie sheet.**
- 2.) Top the chips with ingredients.**
- 3.) Bake for 5 minutes at 400°.**